

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

Course Title: PRINCIPLES AND APPLICATION OF LEARNING THEORY PT.II

Code No: CCW 231-3

Program: CHILD AND YOUTH WORKER

Semester: FOURTH

Date: JANUARY 1995

Professor: GERRY PAGE Rm. E-3222

Telephone #: Tel. 759-6774 or Touchtone 759-2554 ext.555

New _____ Revision X _____

APPROVED: Kitty DeRosario DATE: Jan. 31/95
Kitty DeRosario, Dean of
the School of Human Sciences
& Teacher Education

Principles & Applications of Learning Theory (Part II) (CCW 231-3)

Instructor: Gerry Page

Office: Rm. E-3222

Phone: 759-6774 Ext. 555 or "Touchtone" 759-2554 Ext. 555

Meeting Times: See office door for schedule.

PREREQUISITE:

Principles & Application of Learning Theory (Part I) (CCW 218-3)

COURSE DESCRIPTION:

This course is a continuation of Principles and Application of Learning Theory Part I. Techniques in applied behaviour analysis will be studied in detail. Students will learn how to assess, develop a behavioural treatment strategy, implement behavioural treatment strategies and monitor behaviour.

COURSE OUTCOMES:

Upon completion of the course the student will demonstrate the following:

1. Demonstrate how to define behaviour in operational terms.
2. Demonstrate ability in assessing behaviour utilizing applied behaviour analysis procedures.
3. Demonstrate several methods used in measuring behaviour utilizing direct and indirect methods.
4. Define and differentiate what escape and avoidance conditioning are and identify strategies for utilizing these techniques to bring about behavioural change.
5. Distinguish and identify the various short-cut tactics of stimulus control such as, instructions, modelling, guidance, and situational inducement.
6. Define punishment and list the factors which effect and influence the use of punishment, as well as examine the ethical/legal considerations.
7. Describe and differentiate Type I and Type II punishment.
8. Compare and contrast alternative methods for reducing behaviour.
9. List and describe all factors necessary for implementing a "Token Economy" program.
10. Demonstrate the knowledge and skills for developing and implementing a self-change program.

COURSE OBJECTIVES CON'T

11. List and describe the necessary requirements for developing a "Behavioural Contract".
12. List the steps necessary for developing a systematic self-desensitization program.
13. Compare and contrast various methods of cognitive-behaviour modification.
14. Review and evaluate current literature on a specific topic related to learning theory.
15. Compare and contrast various research techniques for doing research in applied behavioural analysis.

LEARNING RESOURCES:

1. Required texts:
Martin , G. and Pear, J. (1983) Behaviour Modification: What it is and How to Do IT, (4th ed.) Prentice-Hall, 1992.
2. All students are expected to become familiar with the resource material pertaining to this area of study. Of special interest are the journals in the L.R.C. Get to know them. Also in the L.R.C. are a variety of reference textbooks on behaviour modification/behaviour therapy.
3. Handouts, audio-visual and other multimedia material will also be used in conjunction with the above. Students will be responsible obtaining for all missed material due to absences.

SYLLABUS:

ASSIGNED READINGS

Week I and II:	Review "Defining behaviour in operational terms" Review of assessment techniques and methods for measuring behaviour.	(Ch.1) (Ch. 18-19)
Week II:	Escape and Avoidance Conditioning	(Ch. 14)
Week III and IV:	Short-cut tactics with stimulus control: Instruction, Modelling, Guidance, and Situational Inducement	(Ch. 16)
Week IV:	Quiz #1 on Chapters 1, 14, 16, 18, 19,	

Principles and Application of Learning Theory (Part II)
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SYLLABUS:

ASSIGNED READINGS

Week V:	Punishment Theory Legal and moral issues Types of punishment Factors influencing punishment	(Ch. 13)
Week VI:	Alternatives for Decreasing Behaviour (Ch. 17) Overcorrection methods, reprimands, situational inducement, habit reversal, modelling, instruction, time out procedures	
Week VII:	Conditioned reinforcement (Ch. 10) Token Economy (Ch. 22)	
Week VIII and IX:	Quiz #2 on Chapters 10, 13, 17, 22 Developing Self Control (Ch. 23) Causes of self control problems Behavioural (Contingency) Contracts	
Week X:	Systematic Self-Desensitization (Ch. 24) Deep muscle relaxation	
Week XI:	Cognitive Behaviour Modification (Ch. 25) R.E.T., Cognitive Therapy, Thought Stopping	
Week XII:	Quiz #3 (Ch. 23, 24, 25) Stimulus/Response Generalization (Ch. 12)	
Week XIII:	Areas of Clinical Behaviour Therapy (Ch. 26)	
Week XIV:	Doing Research in Behaviour Modification (Ch. 20)	
Week XV:	Review	
Week XVI:	Quiz #4 on Chapters 12, 26, 20,	

In addition to the above, students will participate in a "Learning Styles Inventory" assessment to determine their learning styles. Students will be given suggestions to help them learn more effectively.

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Principles and Application of Learning Theory (Part II)

Instructor: Gerry Page

EVALUATION:

Students will be expected to be in attendance and act as a participant in the classroom. Students will be graded as follows:

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| 1. Quizzes | 4 X 50 | = 200 points |
| 2. Journal Summary due March 3/95 | | = 25 points |
| 3. Self-Change Project (see Ch.23) | | = 75 points |
| Outline will be handed out by the week 2 in January/95. | | (Total) = 300 points |

Note: The faculty reserves the right in extreme situations to alter course material and or grading as deemed necessary.

Special Notes:

Students with special needs (e.g. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor as soon as possible.

